



# TELEHEALTH

COMPUTER/LAPTOP WITH WEBCAM



**ZOOM Cloud Meetings**


by Meet Happy

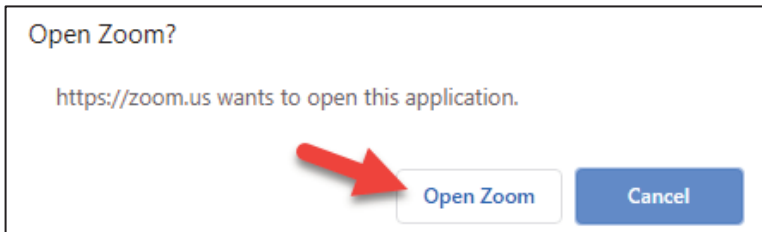
FREE Mobile App



**PRAIRIE STAR**  
Health Center

➔ From a **computer** web browser (Chrome):

1. Open Chrome  *\*to prepare for your visit, please make sure you are in a quiet and secure location so that you can hear your Provider and your Provider can hear you.*
2. Go to [join.zoom.us](https://join.zoom.us) *\*do not Sign In or Sign Up for a free ZOOM account.*
3. If you are prompted while using **ZOOM**, click **Open ZOOM** (see image below) to join the meeting.



4. Enter the **Meeting ID** provided to you by **PrairieStar Health Center**. A PSHC staff member will give this number to you over the phone a few minutes before your appointment time.
5. Click **Join**
6. You will need to make sure you can hear and see your Provider. Make sure your Join options for audio and video are enabled/allowed/OK.
7. Enter the **Password** provided to you by **PrairieStar Health Center**. A PSHC staff member will give this number to you over the phone.
8. Click **Join Meeting**
9. Wait for your Provider (host) to start the meeting. You will see the message, "waiting for host to start this meeting". Please remain on this page and wait for your Provider.

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